

cornology

just extraordinary popcorn

We didn't invent popcorn **We just got it right!**

800-548-1990
cornology.com

Cone Bag 2 Cups
Small Bag 7 Cups
Medium Bag 14 Cups
Large Bag 42 Cups

Nutritional Facts

Serving Size 2 Cups
Servings Per Bag varies

Amount Per Serving

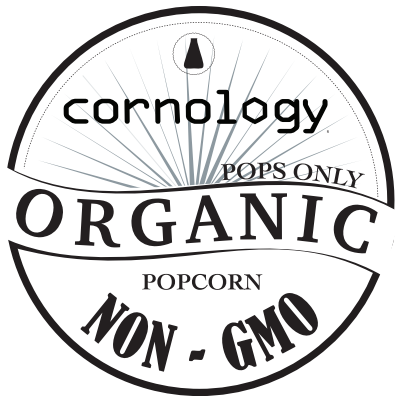
Calories 220
Calories from Fat 90

Total Fat 10g
Saturated Fat 4g
Trans Fat 0g
Cholesterol 15mg
Sodium 340mg
Total Carbohydrate 33g
Dietary Fiber 2g
Sugars 21g
Protein 1g

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 2,500

Total Fat Less Than: 65g 80g
Sat Fat Less Than: 20g 25g
Cholesterol Less Than: 300mg 300mg
Sodium Less Than: 2,400mg 2,400mg
Total Carbohydrates 300g 375g
Dietary Fiber 25g 30g

	Logemann's Caramel	Whole Lot of Nuts	Double Cheddar	Sweet Corn	Jamaican Mojo	C Squared	Truffle Parmesan	Chocolate Drizzle	Movie Pop	Healthy Hepp's	The Daily Grind
	(2.6 oz)	(3.4 oz)	(1.1 oz)	(2.8 oz)	(0.7 oz)	(2.5 oz)	(0.9 oz)	(3.1 oz)	(0.7 oz)	(0.8 oz)	(2.8oz)
	(9.1 oz)	(11.9 oz)	(3.85 oz)	(9.8 oz)	(2.45 oz)	(8.75 oz)	(3.15 oz)	(10.85 oz)	(2.45 oz)	(2.8 oz)	(19.6oz)
Calories	220	330	150	220	159	180	170	400	210	110	230
Calories from Fat	90	180	110	90	69	100	100	190	150	56	90
	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	10g 16%	20g 30%	12g 19%	10g 16%	8g 10%	11g 18%	10g 17%	21g 33%	11g 17%	6g 9%	10g 16%
Saturated Fat	4g 19%	5g 24%	2.5g 12%	4g 19%	2g 10%	3g 15%	0g 0%	10g 52%	7g 36%	1g 5%	4g 19%
Trans Fat	0g	0g	2.5g	0g	0g	2g	0g	0g	0g	0g	0g
Cholesterol	15mg 5%	15mg 5%	<5mg 1%	15mg 5%	0mg 0%	5mg 2%	10mg 3%	15mg 5%	30mg 10%	0mg 0%	15mg 5%
Sodium	340mg 14%	390mg 16%	130mg 5%	340mg 14%	390mg 16%	200mg 8%	320mg 17%	330mg 14%	390mg 16%	390mg 16%	340mg 14%
Total Carbohydrate	33g 11%	37g 12%	10g 3%	33g 11%	22g 12%	18g 6%	10g 3%	55g 18%	0g 0%	12g 4%	37g 12%
Dietary Fiber	2g 7%	4g 16%	2g 7%	2g 7%	4g 16%	2g 8%	2g 8%	3g 12%	2g 7%	2g 7%	2g 7%
Sugars	21g	22g	0g	21g	2g	4g	0g	52g	0g	0g	21g
Protein	1g	6g	2g	1g	3g	1g	7g	3g	2g	2g	1g
Vitamin A	6%	6%	0%	6%	5%	2%	0%	7%	7%	1%	6%
Vitamin C	0%	0%	0%	0%	17%	0%	0%	0%	0%	0%	0%
Calcium	2%	2%	3%	2%	9%	2%	16%	5%	0%	1%	2%
Iron	2%	3%	3%	2%	17%	3%	3%	9%	0%	3%	2%
INGREDIENTS:	CORN, BROWN SUGAR, BUTTER, CORN SYRUP, CANOLA OIL, SALT, VANILLA, SOYBEAN OIL, SOYBEAN LECITHIN, & ALEX'S LOVE	CORN, BROWN SUGAR, BUTTER, PEANUTS, ALMONDS, CORN SYRUP, CANOLA OIL, SALT, VANILLA, SOYBEAN OIL, SOYBEAN LECITHIN, & LOVE	CORN, VERMONT AND CALIFORNIA CHEDDAR CHEESE, BLUE CHEESE, PARMESAN CHEESE, SOYBEAN OIL, CANOLA OIL, WHEY PROTIEIN, SALT, TURMERIC EXTRACT & MOM'S LOVE	CORN, SUGAR, BUTTER, CORN SYRUP, CANOLA OIL, SALT, VANILLA, SOYBEAN OIL, SOYBEAN LECITHIN, & LOVE	CORN, CANOLA OIL, ONION, PIMENTO, SALT, GARLIC, THYME, NUTMEG, SCOTCH BONNET & AN ISLANDER'S LOVE	CORN, BROWN SUGAR, BUTTER, VERMONT AND CALIFORNIA CHEDDAR CHEESE, BLUE CHEESE, PARMESAN CHEESE, CORN SYRUP, SOYBEAN OIL, CANOLA OIL, WHEY PROTIEIN, WATER, SALT, VANILLA, SOYBEAN OIL, SOYBEAN LECITHIN, & DAD'S LOVE	CORN, VERMONT CHEDDAR AND PARMESAN CHEESE, ORGANIC SUNFLOWER OIL, WHITE TRUFFLE OIL, CANOLA OIL, BLACK PEPPER, HEPP'S SALT, OREGANO, PARSLEY, & A SOMMELIER'S LOVE	CORN, MILK CHOCOLATE, SUGAR, BUTTER, CORN SYRUP, CANOLA OIL, VANILLA, SOYBEAN OIL, SOYBEAN LECITHIN, SALT & GRANDMA'S LOVE	CORN, CANOLA OIL, BUTTER, SALT & LOVE	CORN, CANOLA OIL, HEPP'S SALT, & BRIAN'S LOVE	ORGANIC NON-GMO CORN, SUGAR, BUTTER, CORN SYRUP, CANOLA OIL, WATER, COFFEE, HIMALAYAN SALT, COCONUT OIL, & A BARISTA'S LOVE



100% Whole Grain
Gluten Free
MADE IN CALIFORNIA



CORNOLGY POPS ONLY CALIFORNIA GROWN, ORGANIC NON-GMO CORN